



Ten years after *Amoris laetitia*: *proclaiming the Gospel with families today*

Meeting of the Holy Father Leo XIV
with the Heads of Eastern Churches
and the Presidents of Episcopal Conferences

7-14 October 2026

Introduction to the theme of the Day

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Thursday, 8 October 2026

1. Families today: reality, beauty and challenges

In his *Message* of 19 March 2026, the Holy Father wrote: “Our era is marked by rapid changes which make it necessary, even more than ten years ago, to give particular pastoral attention to families, to whom the Lord entrusts the task of participating in the Church’s mission of proclaiming and witnessing to the Gospel.”

The purpose of this first day is to reflect together, in the light of the Gospel, on the cultural, economic and social context in which family ministry takes place, paying particular attention to its spiritual implications for people’s lives.

We will consider what has changed most over the past ten years and what most prompts us to rethink the way we do things.

We should not hesitate to share concrete examples, since these can help us better understand the reality in which families live. We will consider the differences between our various regions of the world, while also identifying what we have in common.

Amid the changes we are witnessing, we will ask ourselves where we can find points of support and signs of hope for living marriage and family life today as disciples of Christ, crucified and risen. We will seek to identify the principal obstacles and challenges.

As we move forward together, we should also take an honest look at the resources available in our local Churches to reach out to families, to understand their daily lives and to support them along the way.